



WELCOME TO THE BALANCED BEE JUICE & BROTH RESTORATIVE

This is the FRONT of our menu - THE PLANT KINGDOM

BEE WELL SHOTS
pause. slam. proceed.

\$3- \$6

IMMEDIATE RELIEF TO YOUR BLOODSTREAM, shake + take

JUICE FLIGHT

Choose a trifecta of health with any 3 products from our plant or animal kingdom (ask a WORKER BEE for their recommendations)

SMOOTH OPERATOR *pressed pineapple + of the mother ACV*
Slam this **PREBIOTIC** + feed your inner ecosystem

COLD-KILLER *lemon, ginger, cayenne*
Alkaline Immune Remedy. Lemons are acidic...except once metabolized inside our system, they BEE-come **ALKALINE** Agents of change

CRAVING CRASHER *lemon, turmeric, raw honey, pink salt*
Enjoy this elixir cold or warm (at home) to fight inflammation + infection

FLU SHOT *orange, lemon, ginger, raw garlic, cold-pressed olive oil, cayenne*
ALLIUM SATIVUM = HUMAN HEALTH.

BEE BOMB *add a medicinal serving (1 tsp.) of bee pollen to any of our products*
(+.50 closer to receiving all the essential components of life)

PURE LIFE FORCE
pause. sip. proceed.

\$8.50-\$10

OUR SIGNATURE FAMILY of JUICES, consume 3-5 juices per week for optimal health

Creatives + limited editions
Sometimes (like Monday thru Sunday), we create new things like "limited editions". **TRUST IS POWER**, but ask one of our WORKER BEE's for the BUZZ behind these things.



GOLDEN CHILD *carrot, grapefruit, pineapple, turmeric*
BABY FACE *carrot, watermelon, honeydew, lemon, ginger, cayenne (seasonal)*



SOUL SISTER *cucumber, lime, mint, green apple, aloe vera*
BROPHY'S FINEST *cabbage, kale, romaine, celery, cucumber, green apple, celtic sea salt*
THE UNDERDOG *romaine, spinach, green bell pepper, pineapple, alfalfa jalapeño*



SPY-C GINGER *orange + raw ginger*
BLACK SHEEP SOMA *filtered water, lemon, maple syrup, activated charcoal*



BEET THE COMPETITION *beet, carrot, apple, lemon, ginger*
BLOOD BROTHER *beet, carrot, celery, tomato, lemon, pink salt + black pepper*



BEE PAPARAZZI *snap a creative photo of our juice + tag us on INSTAGRAM @thebalancedbeetribe for a chance to BEE featured + earn an in store FREE BEE!!*

PURE PLANT PROTEIN
pause. perform. proceed.

\$6-\$6.75

HAND-CRAFTED NUT MYLK, freshly made without additives, emulsifiers, or stabilizers



VANILLA SECRET SOMA *filtered water, raw almond, date, vanilla, cinnamon, celtic salt*



CACAO CHANEL SOMA *filtered water, raw almond, cacao, date, vanilla, celtic salt*



SPECIAL ORDER MEDICINAL MYLKS (BUZZ us at 309.427.0833 to place your order)
MARY JANE HEMP SOMA *filtered water, hemp seed, fresh strawberry, maple syrup, vanilla, cinnamon, pink salt*



MEDICINAL MAGICAL MUSHROOM MYLK *chaga + reishi mushroom, kelp + dulse seaweed, hemp seed, cashew, cacao butter, date, vanilla*

SUPERFOOD SNACKS
pause. fuel. proceed.

\$4-\$6

FRESH + HEALTHFUL SNACKING, always utilizing our resources

ASK FOR OUR PULP BALLS!
LEMON DETOX *almond pulp, raw lemon juice, coconut oil, unsweetened shredded coconut, maple, vanilla, + trace minerals*
MOTHER EARTH CACAO *almond pulp, cacao powder, date, cold-pressed coconut oil, vanilla, trace minerals, + a magic vegan shell*
SPICED TURMERIC *almond pulp, unsweetened shredded coconut, turmeric, black pepper, ginger, maple, cinnamon, + trace minerals*



HYDRATED CHIA PUDDINGS
NICE N'NILLA *chia, matcha, spirulina, raw almond, date, vanilla, cinnamon, celtic salt, SOMA filtered water*



CHOCO-LOCO *chia, lucuma, raw almond, cacao, date, cinnamon, celtic salt, SOMA filtered water*

CUCUMBER NUTRITIONAL NOOCH *raw cucumber wedges + walnut parm crumble*

LEMONGRASS-INFUSED RAW COCONUT MEAT W SPICY MINERAL DUST

TBB PULP BROWNIES *sweet potato, TBB house made almond meal, cold-pressed coconut oil, cacao, date, maple, avocado, sea salt, cashew cream*

AH-BEE-CADO POWER PUDDING *avocado, cacao, rhodiola, vanilla, pink salt, CACAO CHANEL NUT MYLK*

THIS ISN'T THE END - FREE FLIPS - DON'T FLIP OUT, JUST FLIP THIS OVER TO SEE OUR ANIMAL KINGDOM + SERVICES
pause. flip. proceed.

Hola! We feel more **BALANCED** now that you made it to the **BACK** of our menu - **THE ANIMAL KINGDOM** (ak)

**MINERAL POWERHOUSE
BONE BROTH**
pause. restore. proceed.

\$6.75-\$12

FOOD AS THY MEDICINE
let us prescribe you a cup of our
healing broth

*BONE BROTH HAS BEEN AROUND
IN MANY FAMILY TRADITIONS
FOR CENTURIES. MANY OF OUR
CUSTOMERS STILL PRACTICE THIS
TRADITION AT HOME, WHICH IS
SUPER RAD, KEEP ON ROCKING!*

**FROZEN 8oz or 32oz BROTH
AVAILABLE IN STORE NOW!!!**

ONLINE BROTH ORDERING
launching AUGUST 2018!
THEBALANCEDBEE.COM

*OUR GLUTEN FREE BROTHS HAVE BEEN HIGHLY DESIGNED BY A CERTIFIED
HEALTH COACH. HAND-CRAFTED AND WITH THE HIGHEST QUALITY INGREDIENTS
AVAILABLE, GIVING YOU THE OPTION TO HEAL DIGESTIVE ISSUES, REVIVE TIRED
MUSCLES, + STRENGTHEN HAIR, SKIN, + NAILS.*

OUR 10oz HOT CUP BROTH FLAVORS

WINNER WINNER CHICKEN DINNER *omega-3 chicken bones, alkaline water,
tri-colored carrot, onion, celery root, fresh thyme, fresh bay leaf, celtic salt, cold-pressed
avocado oil, bee pollen, apple cider vinegar, white peppercorn (TRADITIONAL
FLAVOR)*

HOLY COW BEEF *beyond organic beef bones, alkaline water, swiss chard, beet,
rutabaga, turnip, parsnips, purple cabbage, shallots, dried plum, extra virgin olive oil,
propolis, cumin, paprika, cinnamon, garlic, turmeric, himalayan pink salt
(SOPHISTICATED FLAVOR)*

SWEATY PIG PORK *beyond organic pork bones, shitake mushroom, green onion,
cauliflower, ginger, orange zest, kaffir lime leaf, lemongrass, thai pepper, chili oil,
tamari, orange blossom honey, rice vinegar (SPICY FLAVOR)*

LEEK & LEMON (V) *leek, lemon, sage, rosemary, thyme, activated red pepper
(NATURAL LAXATIVE)*

50/50! Ask a **WORKER BEE** to mix 50% one broth with 50% another broth.
Chicken + Leek/Lemon
Pork + Leek/Lemon
CHICKEN, BEEF, PORK
Pork + Beef

SERVICES
pause. invest. proceed.

**LEARN MORE ABOUT OUR
LIFESTYLE**, break down those
dietary dogma

CLEANSE PROGRAMS

1-DAY *designed for routine maintenance. Crated in store, to go! \$55*
3-DAY *reserve your spot via text to 309.427.0833 for a custom cleanse experience! \$180*
5-DAY *reserve your spot via text to 309.427.0833 for a custom cleanse experience*
PLUS receive a FREE 30 MINUTE INFRARED SAUNA SESSION!

INFRARED SAUNA

30 MIN 1 PERSON EXPRESS *a warming + healing experience. \$30*
60 MIN 1 PERSON FULL *take your detox to the next level, relieving your system of
toxins, igniting your happy chemicals, + healing through heavy sweat chromolight
therapy! \$55*
30 MIN 2 PERSON *need a quick catch up with a friend or loved one? \$55*
60 MIN 2 PERSON *invest in yourself + a friend to connect through sweat + music.*
A healthy HOT BOX FULL OF JOY!!! \$100

HEALTH COACHING

*Need health help BEE-yond a quick in-store visit? Let's sit down to discuss
How We can BEE of assistance! Our certified wellness experts will work one-on-one to
create a unique roadmap.*

**CATERING +
PRIVATE EVENTS**
pause. create. proceed.

**CREATE A MEMORABLE
EXPERIENCE AT YOUR NEXT
EVENT**, buzz us!

Our catering + private events focuses on small groups sizes 6-50. Our food + services
focus intentionally on a plant-based foundation. We love to work one-on-one to
create a unique and intimate experience designed for your special event, using **FOOD
AS THY MEDICINE** to empower your guests!

KEEP UP WITH THE BUZZ!

ig: @thebalancedbeetribe • fb.com/thebalancedbeetribe • thebalancedbee.com